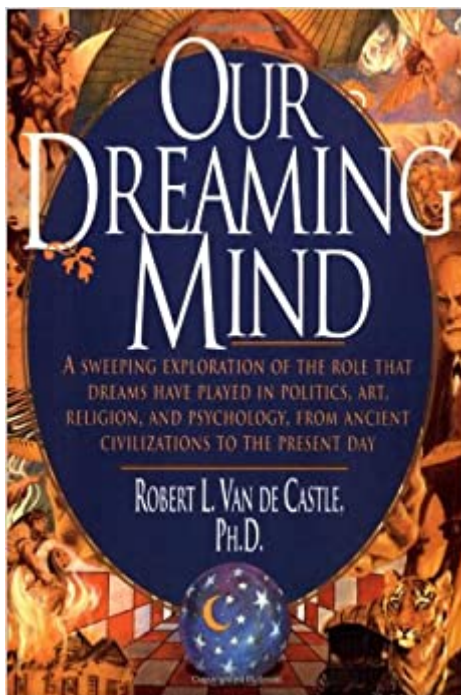


The book was found

Our Dreaming Mind



Synopsis

"A MASTERPIECE ON DREAMS...This book is a singular resource.... If it inspires you to remember your dreams, this book will change your life. If it inspires you to act on your dreams, this book will change the world."--Henry Reed Author of *Getting Help from Your Dreams and Dream Solutions*In this brilliantly researched and thorough study, internationally recognized dream authority Robert L. Van de Castle examines the vital role that dreams have played throughout history, from the dreams of ancient Sumerian kings to the pioneering dream research of nineteenth-century psychologists. *Our Dreaming Mind* delves into the most provocative experiments that scientists are conducting on the dreaming mind in this century and surveys ongoing dream experiments: dreams and sexual arousal, the impact of pregnancy on dreams, the connection between dreams and creativity, and the possibility of paranormal dreams. "In *Our Dreaming Mind*, Robert Van de Castle pulls decades of accumulated wisdom together in a sweeping panorama unsurpassed in the literature for its scope, its insight, and its ability to captivate its readers."--Stanley Krippner Director of The Saybrook Institute Editor of *Dream Time and Dream Work*"IMMENSELY READABLE...A monumental history of dreams."--Publishers Weekly"*Our Dreaming Mind* is really a dream come true--the most comprehensive, authoritative, and inspiring book on dreams I know about. At heart, this book is about human consciousness and our place in the universe. A magnificent contribution."--Larry Dossey, M.D. Author of *Meaning & Medicine: A Doctor's Tales of Breakthrough and Healing*AN ALTERNATE SELECTION OF THE BOOK-OF-THE-MONTH CLUB

Book Information

Paperback: 576 pages

Publisher: Ballantine Books; Reprint edition (October 17, 1995)

Language: English

ISBN-10: 0345396669

ISBN-13: 978-0345396662

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 2 pounds

Average Customer Review: 4.4 out of 5 stars 25 customer reviews

Best Sellers Rank: #373,128 in Books (See Top 100 in Books) #251 in [Books > Health, Fitness & Dieting > Mental Health > Dreams](#) #11213 in [Books > Religion & Spirituality > New Age & Spirituality](#) #29092 in [Books > Self-Help](#)

Customer Reviews

"A MASTERPIECE ON DREAMS...This book is a singular resource.... If it inspires you to remember your dreams, this book will change your life. If it inspires you to act on your dreams, this book will change the world."--Henry Reed Author of *Getting Help from Your Dreams* and *Dream Solutions*In this brilliantly researched and thorough study, internationally recognized dream authority Robert L. Van de Castle examines the vital role that dreams have played throughout history, from the dreams of ancient Sumerian kings to the pioneering dream research of nineteenth-century psychologists. *Our Dreaming Mind* delves into the most provocative experiments that scientists are conducting on the dreaming mind in this century and surveys ongoing dream experiments: dreams and sexual arousal, the impact of pregnancy on dreams, the connection between dreams and creativity, and the possibility of paranormal dreams. "In *Our Dreaming Mind*, Robert Van de Castle pulls decades of accumulated wisdom together in a sweeping panorama unsurpassed in the literature for its scope, its insight, and its ability to captivate its readers."--Stanley Krippner Director of The Saybrook Institute Editor of *Dream Time* and *Dream Work*"IMMENSELY READABLE...A monumental history of dreams."--Publishers Weekly"*Our Dreaming Mind* is really a dream come true--the most comprehensive, authoritative, and inspiring book on dreams I know about. At heart, this book is about human consciousness and our place in the universe. A magnificent contribution."--Larry Dossey, M.D. Author of *Meaning & Medicine: A Doctor's Tales of Breakthrough and Healing*AN ALTERNATE SELECTION OF THE BOOK-OF-THE-MONTH CLUB

Of all the books I have about dreams *Our Dreaming Mind* has the most comprehensive research. Unlike other dream books that are use to promote the author point of view; Dr. Van de Castle uses facts and research to promote his claim. ***I believe most people don't remember their dreams, some or all, because they can't handle how far their dreams take them.*** Anyone that can easily remember their dreams and has a bit of a scientific mind will be overjoyed that some scientist is taking dreams seriously. I use this book as the core text for my dream study. Thank you Dr. Van de Castle!!!

A somewhat academic overview of dream theory listing the major figures and ideas behind it.

I have never managed to complete this book in the past. Have attempted to read it many times. Now with my own copy I will reach my goal. Love what I read do far. That's why I bought it.

It is a good book, especially if you want an in depth overview of research that has been done on

dreaming. The book focuses mostly on dream research.

Wonderful book; Dr. Van De Castle is the master of dreams. He has long experience with the U. Of VA medical school in Dreams. This book is a grand text, combining science and actual testing. It is too long to describe. Buy it.

Purchased as a gift and my brother loved it! Thank You!!!

It has been an informative book, and lots of interesting information. Would recommend to anyone who wants to learn about their dreams.

The book arrived quickly and was in excellent condition, exactly as described. The content is also what we were looking for. Thanks.

[Download to continue reading...](#)

Lucid Dreaming Easy Beginners Guidebook to Understand, Practice, and Master Lucid Dreaming With Advanced Tips and Techniques (Lucid Dreaming, Dreams, Mental ... Astral Projections, Self Help) The Mind-Gut Connection: How the Hidden Conversation Within Our Bodies Impacts Our Mood, Our Choices, and Our Overall Health How to Master Lucid Dreaming: Your Practical Guide to Unleashing the Power of Lucid Dreaming Dreams: Interpreting Your Dreams and How to Dream Your Desires- Lucid Dreaming, Visions and Dream Interpretation (Dreams, Lucid dreaming, Visions,) Dreaming the Soul Back Home: Shamanic Dreaming for Healing and Becoming Whole Dreaming Yourself Awake: Lucid Dreaming and Tibetan Dream Yoga for Insight and Transformation Denizens of the Dreaming (Changeling: The Dreaming) Master Your Mind: Achieve Greatness by Powering Your Subconscious Mind [mental power, mind control, thought control] (brain power, subconscious mind power, NLP, Neuro Linguistic Programming) Our Dreaming Mind The Twenty-four Hour Mind: The Role of Sleep and Dreaming in Our Emotional Lives Inheritance: How Our Genes Change Our Lives--and Our Lives Change Our Genes The Shining Host: Changeling: The Dreaming for Mind's Eye Theatre Dreams: The All-In-One Guide for Dream Interpretation and Lucid Dreaming to Uncover the Power of Your Subconscious Mind The Power of Your Subconscious Mind: There Are No Limits to the Prosperity, Happiness, and Peace of Mind You Can Achieve Simply by Using the Power of the Subconscious Mind, Updated Vaccine Epidemic: How Corporate Greed, Biased Science, and Coercive Government Threaten Our Human Rights, Our Health, and Our Children Modified: GMOs and the Threat to Our Food, Our Land, Our Future

Wiyaxayxt / Wiyaakaa'awn / As Days Go By: Our History, Our Land, Our People --The Cayuse,
Umatilla, and Walla Walla Free to Make: How the Maker Movement Is Changing Our Schools, Our
Jobs, and Our Minds The Cyber Effect: An Expert in Cyberpsychology Explains How Technology Is
Shaping Our Children, Our Behavior, and Our Values--and What We Can Do About It Speculative
Everything: Design, Fiction, and Social Dreaming (MIT Press)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)